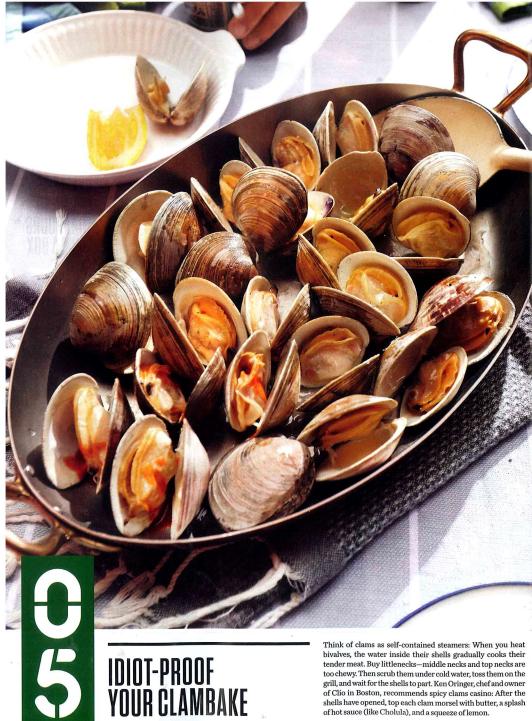
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## TONS OF USEFUL STUFF



REASONS IT'S GOOD TO BE HUNGRY RIGHT NOW



TECHNIQUES, RECIPES, AND BUILDING MORE DELICIOUS. NUTRITIOUS MEALS TODAY.

HERE ARE ALL THE TOOLS, SKILLS YOU NEED TO START

tender meat. Buy littlenecks-middle necks and top necks are too chewy. Then scrub them under cold water, toss them on the grill, and wait for the shells to part. Ken Oringer, chef and owner of Clio in Boston, recommends spicy clams casino: After the shells have opened, top each clam morsel with butter, a splash of hot sauce (like Cholula), and a squeeze of lemon.